

CLASSES

To register or for more information, please call or come by the Parks & Recreation Department, 1250 N. Hollenbeck Ave. (626) 384-5340. Office hours are Monday-Thursday and alternate Fridays, 10 am-5:45 pm. For complete class registration and refund policies, visit www.covinaca.gov.

NOTE TO PARENTS OF CHILD PARTICIPANTS:

A consent form must be signed by a parent or legal guardian before a child can participate in any class. If someone other than a parent will be bringing a child to register at the first day of class, the mail-in registration form must be signed by the parent or legal guardian and brought with the child to class. For mail-in registration, see page _____.

CLASS LOCATIONS:

Hollfelder Teen Center, 301 N. Fourth Avenue (Covina Park)

Recreation Hall, 340 N. Valencia Pl. (Covina Park)

Hollenbeck Park, 1250 N. Hollenbeck Avenue

Cougar Park, 150 W. Puente Street

Kahler Russell Park, 735 N. Glendora Avenue

McIntyre Square, 244 S. Citrus Street, West Covina

CLASS INSTRUCTORS WANTED

Do you have a special talent or skill that you would like to share with your community, why not teach a class? We are always looking for certified or trained instructors to help enrich our class program. Can you teach foreign languages, violin, flute, preschool academics, vocal, health and wellness, tutoring or dance? If you are interested, please submit an Instructor Proposal form, available at www.covinaca.gov.

YOUTH SPECIAL INTEREST

ALL MATERIAL FEES must be paid to instructor at first class.

BACK BY POPULAR DEMAND! VALENTINE TOT PARTY TIME

"Love Is in the Air" on this special day so let's celebrate with a party! Join us for music, crafts and yummy snacks. Parent participation required.

Ages 18 mos.-4 yrs.

Instructor: Terri Thomas

Location: Covina Park, Recreation Hall

Day & Time: Friday, February 10, 1-2 pm

Fee: \$6/1 day, plus \$4 material fee



KIDS CAKE DECORATING

This age-appropriate class teaches kids the basics of cake decorating by encouraging creativeness, flexibility, and how to just have fun! Go home with a decorated cake with different themes each week! Additional supplies needed at first class (list provided upon registration.) Must bring baked cake or styrofoam cake to each class. Ages 8-12.



Instructor: Mayra Mendoza

Location: McIntyre Square, 244 S. Citrus St.

Beginning: January 28

Day & Time: Saturday, 9-10:30 am

Fee: \$80/8 weeks

ELECTRONICS WORKSHOP

Learn to build your own robot! Learn simple soldering and electronic safety. Build a small robot kit to take home. Preregistration is MANDATORY. Ages 10-14.

Instructor: A.R.T.S. Inc. Staff

Location: A.R.T.S Inc., 973 E. Badillo St., Ste B

Beginning: Session I-January 25;
Session II-February 22

Day & Time: Wednesday, 4-6 pm

Fee: \$60/4 weeks, plus \$35 material fee

"IT'S THE LITTLE THINGS" ETIQUETTE CLASS

Learn everyday etiquette, tact, table manners, handling bullying and social situations. Teen class emphasizes manners at home and with family, friends, social settings, dating, prom, job interviews and more. Ages 8-12.

Instructor: Christina Meacham

Location: Hollenbeck Park, Conference Room

Date: March 18

Day & Time: Saturday, 9 am-12 pm

Fee: \$35/1 day, plus \$5 material fee

DRAMA CIRCLE

Children learn the basics of acting through simple scripts and various theater games designed to teach them to work together towards a successful performance and challenge them to perform outside of their comfort zone. Bring notebook, pencil, and highlighter. Ages 6-13.

Instructor: Joshua Prisk

Location: Covina Park, Teen Center

Beginning: January 28

Day & Time: Saturday, 10-11 am

Fee: \$64/8 weeks, plus \$10 material fee

MAGIC FOR YOUTH

Learn the basics of magic and sleight of hand. Ages 8-17. No class February 20.

Instructor: Devin Thomas
Location: Covina Park, Teen Center
Beginning: January 23
Day & Time: Monday, 4-5 pm
Fee: \$65/8 weeks, plus \$10 material fee

PARENT & ME TINY TOT FUN

Have fun together moving to music, singing, playing with instruments, balls, scarves, and making simple craft projects. Ages 1-3. Parent participation required.

Instructor: Terri Thomas
Location: Covina Park, Recreation Hall
Beginning: February 7
Day & Time: Tuesday, 6:15-7 pm
Fee: \$35/7 weeks, plus \$10 material fee

MOMMY/DADDY & ME WIGGLES & GIGGLES

Fun movement, music and exercise for parent and child. Parent participation required. Ages 1-3.

Instructor: Terri Thomas
Location: Covina Park, Recreation Hall
Beginning: Session I-Jan. 26, Session II-March 9
Day & Time: Thursday, 11-11:45 am
Fee: \$25/5 weeks, plus \$10 material fee



CHESS

Ages 8-17. No class February 20.

Instructor: Devin Thomas
Location: Covina Park, Teen Center
Beginning: January 23
Day & Time: Monday, 5-6 pm
Fee: \$50/8 weeks, plus \$10 material fee and \$20 optional tournament chess set fee

BABYSITTER TRAINING SEMINAR

Provides guidelines for child care, accident prevention, handling emergencies, and providing play activities for children. Includes noncertified infant and child CPR and child development education. Preregistration is recommended. Ages 9-17.

Instructor: Craig's CPR & First Aid Training
Location: Hollenbeck Park, Conference Room
Beginning: February 4
Day & Time: Saturday, 9 am-12:30 pm
Fee: \$40/1 day

COMPUTER CLASSES WITH AGI ACADEMY

Please bring Covina Library card. Ages 6-Adult.

Location: Covina Public Library,
234 N. Second Ave
Beginning: January 24
Fee: \$80/7 weeks, plus \$10 lab/supply fee

INTRODUCTION TO TYPING

Ages 6-14.
Day & Time: Tuesday, 6:15-7 pm

INTRODUCTION TO COMPUTERS AND INTERNET WITH E-MAIL

Ages 10-Adult.
Day & Time: Tuesday, 7-7:45 pm

YOUTH ACADEMICS

ALL MATERIAL FEES must be paid to instructor at first class.

EPIC KIDS PROGRAM CLASSES

Every session is a new experience! Ages 6-12.

Instructor: Epic Kids Programs Staff
Location: McIntyre Square, 244 S. Citrus St.
Beginning: January 26

SPANISH EXPLORERS

Our founding program uses an interactive learning style to introduce kids to the Spanish language!

Day & Time: Thursday, 4-5 pm
Fee: \$77/7 weeks, plus \$5 material fee

NEWTON'S LAB KIDS

This is one of the most popular programs where experimental hands-on learning methods are used to teach science! One to two experiments per class are performed by the participants.

Day & Time: Thursday, 6-7 pm
Fee: \$77/7 weeks, plus \$10 material fee

BAMBOLEO (AMIGUITOS)

Where kids dance, play and sing in Spanish. Bamboleo classes offer young children and their families joyous experiences while being immersed in the Spanish language from different parts of the world. The program includes music and movement, storytelling, crafts and home resources. Get your passport stamped with a new location every season. Every session is a new experience! Parent participation is required. Ages 2-4.

Instructor: Myrna Rodriguez

Location: Cougar Park

Beginning: January 27

Day & times : Friday, 6:30-7:20 pm

Fee: \$58/6 weeks, plus \$25 material fee

LEARNING WITH MONICA VELARDE

Ages 7-9. No class February 20.

Location: McIntyre Square,
244 S. Citrus St.

Beginning: January 23

Fee: \$70/7 weeks, plus \$10 material fee

COMMON CORE MATH

Students are provided exercises with addition, subtraction, place value, geometry, fractions, measurement, time and money. Concrete models are used to help students develop number sense, mental math and problem-solving skills.

Day & Time: Monday, 4-5pm

COMMON CORE WRITING

The Common Core Standards expect that students improve their communication skills in both conversations and written language. This class helps students determine word meanings, appreciate the nuances of words, learn writing conventions and expand their repertoire of words and phrases.

Day & Time: Monday, 5-6 pm

COMMON CORE READING

The Common Core standards are designed to be relevant to the real world skills that students need for academic success now and beyond. This class helps students build their comprehension ability by working on the following: academic vocabulary, drawing inferences, cause & effect, main idea, fact & opinion, and vocabulary building.

Day & Time: Monday, 6-7 pm

YOUTH ARTS & CRAFTS

ALL MATERIAL FEES must be paid to instructor at first class.

ART CLASSES WITH A.R.T.S. INC.

Location: A.R.T.S Inc., 973 E. Badillo St., Ste B
Preregistration is MANDATORY.
No class February 20.

HAND BUILT CERAMICS

Create hand built ceramic projects and sculptures, such as coil built pots, plates, mobiles, press molds, and sculpting. Ages 6-13.

Beginning: Session I-January 26;
Session II-February 23

Day & Time: Thursday, 4-6 pm

Fee: \$50/4 weeks, plus \$35 material fee

POETRY WRITING & PERFORMING

Create and write literature and learn how to perform it. Perform poetry and spoken word, develop verbal tools, and presentation skills. Ages 8-13.

Beginning: Session I-January 26;
Session II-February 23

Day & Time: Thursday 4:30-6:30 pm

Fee: \$50/4 weeks, plus \$15 material fee

DRAWING & PAINTING

Learn drawing concepts such as lines, shapes, values, measuring, and an introduction to painting techniques. Ages 6-13.

Beginning: Session I-January 23;
Session II-February 27

Day & Time: Monday, 4-6 pm

Fee: \$50/4 weeks, plus \$35 material fee

MASTER ARTIST CLASS

Class consists of lecture, life drawing and painting with Master Artist Bernard Stanley Hoyes. Ages 12-Adult.

Beginning: Session I-January 24;
Session II-February 21

Day & Time: Tuesday, 4-6 pm

Fee: \$50/4 weeks, plus \$25 material fee

TINY TOT ARTS & CRAFTS

Fun craft activities designed to bring out creativity. Parent participation required. Ages 2-4.

Instructor: Terri Thomas

Location: Covina Park, Teen Center

Beginning: February 10

Date & Time: Friday, 4:30-5 pm

Fee: \$30/6 weeks, plus \$12 material fee

WATERCOLOR PAINTING

Ages 5-9.

Instructor: Terri Thomas
Location: Covina Park, Teen Center
Beginning: February 10
Day & Time: Friday, 5:15-6 pm
Fee: \$40/6 weeks, plus \$15 material fee



YOUNG REMBRANDTS DRAWING CLASSES

All new lessons that meet California State Standards for Visual Arts. All materials are included. No class February 20.

Location: Hollenbeck Park, Conference Room
Beginning: February 6
Fee: \$40/4 weeks

PRESCHOOL DRAWING

Class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that prepare them for Kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. Ages 4-5.

Day & Time: Monday, 3:30-4:15 pm

ELEMENTARY AND CARTOON DRAWING

This class combines our essential basics of drawing and our humorous cartoon curriculum. Students will improve drawing skills, understanding of concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes! Ages 6-12.

Day & Time: Monday, 4:30-5:15 pm

CREATIVE KIDS STUDIO

This fine arts class is where the kids get their hands dirty and create fun with oil pastels, paint, clay and watercolors. Every session is a new experience!

Ages 6-12.

Instructor: Epic Kids Programs Staff
Location: McIntyre Square, 244 S. Citrus St.
Beginning: January 26
Day & Time: Thursday, 5-6 pm
Fee: \$77/7 weeks, plus \$5 material fee

FUN EDIBLE CRAFTS

Little hands enjoy putting these crafts together with parents' help. Ages 18 mos.-4 yrs.

Instructor: Terri Thomas
Location: Covina Park, Teen Center
Beginning: February 17
Day & Time: Friday, 2-2:45 pm
Fee: \$15/3 weeks, plus \$10 material fee

YOUTH DANCE

ALL DANCE CLASSES take place at the Recreation Hall, Covina Park (unless otherwise noted).

MODERN CONTEMPORARY HIP HOP

A mixture of Hip Hop combined with modern contemporary dance techniques. Wear comfortable clothes, closed-toe shoes. Ages 8-12.

Instructor: Nina Alas
Beginning: January 25
Day & Time: Wednesday, 5-6 pm
Fee: \$40/8 weeks

BABY BOOGIE

Boogie, jump, dance and sing using scarves, instruments and bean bags. Parent participation required. Ages 18 months-2 years.

Instructor: Terri Thomas
Beginning: February 10
Day & Time: Friday, 3:30-4 pm
Fee: \$30/6 weeks

BABY BALLET/CREATIVE DANCE

Parent participation required. Ballet attire and ballet shoes recommended. Ages 2-4.

Instructor: Terri Thomas
Beginning: January 26
Day & Time: Thursday, 9-9:40 am
Fee: \$35/8 weeks



TINY TOT TAP AND BALLET

Ballet attire, tap and ballet shoes recommended.
Ages 3-4.

Instructor: Terri Thomas
Beginning: January 26
Day & Time: Thursday, 9:45-10:30 am
Fee: \$40/8 weeks

DANCE WITH SHAWNA COOK

Ballet attire recommended. Ballet shoes required.
No class February 20.

Beginning: January 23, 25 or 28

TINY TOTS BALLET - Ages 3-4

Days & Times: Monday, 4:45-5:30 pm
 Wednesday, 3:15-4 pm
 Sat., 9-9:45 am or 10-10:45 am
Fee: \$40/8 weeks, \$35/7 weeks
 (Saturday only)

BEGINNING BALLET - Ages 5-12

Days & Times: Mon., 5:30-6:20 pm (Ages 5-6)
 Wed., 4-4:50 pm (Ages 5-6)
 Sat., 8-8:50 am (Ages 7-12);
 11-11:50 am (Ages 5-6)
Fee: \$50/8 weeks, \$44/7 weeks
 (Saturday only)

BEGINNING TAP - Ages 5-12

Day & Time: Monday, 3:45-4:35 pm
Fee: \$50/8 weeks

YOUTH FITNESS

CHALLENGER SPORTS BRITISH SOCCER MINI KICKERS

Mini Kickers is a revolutionary program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and team work. British coaches are trained to maximize your child's participation and enjoyment. First time participants receive uniform. Returning participants receive backpack or soft toy. All participants receive a ball and certificate. Ages 2-5.

Location: Hollenbeck Park, North Field
Beginning: February 8
Day & Time: Wednesday, 3:30-4:15 pm (Ages 2-3),
 4:30-5:15 pm (Ages 4-5)
Fee: \$90/6 weeks

NEW! PROGRESSIVE SOCCER OZZY WINTER CAMP

This camp focuses on the elements of the game of soccer and helps improve each player's individual skill sets. Open to boys and girls. An experienced coach guides players through a series of skills, dribbling, fakes, shooting, ball control and passing. Each player receives a t-shirt. Ages 7-17.



Instructor: Coach Ozzy
Location: Hollenbeck Park, Main Field
Dates: December 27-30
Days & Time: Tuesday-Friday, 9-11 am
Fee: \$90/4 days

PROGRESSIVE SOCCER OZZY SKILLS CLINIC

Our program offers an opportunity for each player to improve their skills and their game with professional instruction in a dynamic, challenging and positive environment. Includes t-shirt. Ages 7-16.

Instructor: Coach Ozzy
Location: Hollenbeck Park, Main Field
Beginning: January 27
Day & Time: Friday, 4:30-5:25 pm, Ages 7-8,
 5:30-6:25 pm, Ages 9-10,
 6:30-7:25 pm, Ages 11-13,
 7:30-8:25 pm, Ages 14-16
Fee: \$90/8 weeks



BEGINNING GYMNASTICS AND URBAN ACROBATICS

Preregistration is MANDATORY. In Urban Acrobatics learn agility skills, balance, climbing and acrobatic skills. Gymnastic classes introduce basic gymnastic skills and fundamentals. Ages 18 months-3 years requires parent participation. No classes February 20-25.

Location: Charter Oak Gymnastics,
My Jungle Gym (18 mos.-5 yrs.)
or Main Gym (Ages 6 & up)
841 N. Dodsworth Ave, Covina

Beginning: January 23, 24, 25, 26 or 28

Fee: \$99/9 weeks

\$5 nonrefundable insurance fee paid to Charter Oak Gymnastics at main gym on first day of class. Must choose one day when registering and attend that day for the entire session. May enroll for multiple days.

AGES	DAYS	TIMES
18 mos.- 3 yrs.	Mon. or Tues. or Thurs.	3-3:50 pm
	Saturday	9-9:50 am
4-5 yrs.	Mon. or Tues. or Wed. or Thurs.	3-3:50 pm
	or Sat.	9-9:50 am
6 & up	Mon. or Tues. or Wed.	3-4 pm
	or Sat.	9-10 am
Urban Acrobatics		
6 & up	Wed.	3-4 pm
	or Sat.	9-10 am



YOGA FOR KIDS

Yoga for kids helps develop body control, core strength, flexibility, self-awareness, relaxation techniques and enhanced focus. Kids learn to de-stress with age-appropriate exercises, movement, breathing and music in a peacefully centered, cooperative, noncompetitive setting. Bring yoga mat, water bottle, and wear loose clothing. Ages 7-13. No class February 20.

Instructor: Christine Maletz

Location: Cougar Park

Beginning: January 23

Day & Time: Monday, 4:30-5:30 pm

Fee: \$64/8 weeks

BOWLING BASICS & GAME STYLES

Use of shoes and bowling balls included. Preregistration required. Ages 5-17.

Location: Brunswick Covina Bowl,
1060 W. San Bernardino Road

Beginning: January 27

Day & Time: Friday, 4-5 pm

Fee: \$55/8 weeks



VOLLEYBALL SKILLS

Specific instruction on skills and game situations. Fee includes T-shirt. Ages 7-14. No class February 20.

Instructor: TriFyftt Staff

Location: Hollenbeck Park

Beginning: January 30 (Register by January 26)

Days & Times: Monday & Thursday, 6-7 pm (Beg.),
7-8 pm (Intermediate)

Fee: \$90/8 weeks

YOUTH TENNIS CLASSES

Bring a tennis racquet. No class February 20.

Instructor: A.J. Seresinghe,
USPTR Certified Member

Locations: Kahler Russell Park (Monday),
Covina Park (Tues., Wed. & Thurs.),
Covina High School (Saturday)

PRIVATE TENNIS LESSONS

Fee: \$35/hour (Individual);
\$45/hour (Group of 4)

QUICKSTART TENNIS

An exciting new way of learning tennis, designed to bring kids into the game by adapting equipment, court size, and scoring. This format enables players to have a more enjoyable experience early on in the learning process. Ages 6-8.

Beginning: January 23

Day & Time: Monday, 6-7 pm

Fee: \$56/8 weeks

TEAM TENNIS FOR KIDS

This class is designed for those who intend to pursue tennis as a competitive sport. Requires completion of Intermediate Tennis and instructor's approval. Ages 9-13.

Beginning: January 26

Day & Time: Thursday, 6:30-8 pm

Fee: \$56/8 weeks

ADVANCED CLINIC

This is a program for advanced players. Includes stroke production, technique and fun, as well as competitive drills for both singles and doubles. Ages 10-17.

Beginning: January 24

Day & Time: Tuesday, 7:30-8:30 pm

Fee: \$56/8 weeks



TENNIS FOR BEGINNERS

Beginning: January 23, 24, 26 or 28

Fee: \$56/8 weeks

AGES	DAYS	TIMES
6-8	Tuesday	5:30-6:30 pm
6-8	Saturday	9-10 am
9-12	Monday	7-8 pm
9-12	Tuesday	6:30-7:30 pm
12-17	Thursday	8-9 pm

INTERMEDIATE TENNIS

Beginning: January 25, 26 or 28

Fee: \$56/8 weeks

AGES	DAYS	TIMES
6-8	Thursday	5:30-6:30 pm
6-8	Saturday	10-11 am
9-12	Wednesday	5:30-6:30 pm
9-12	Saturday	11 am-12 pm
12-17	Wednesday	6:30-7:30 pm

YOUTH AND ADULT MARTIAL ARTS

KUNG FU SAN SOO

The ancient art of Kung Fu San Soo is a Chinese style of hand-to-hand combat developed and refined for over two thousand years. Learn how the concepts of San Soo can change the way you think about self-defense. Ages 5-Adult.

Instructor: Dale Garrison

Location: Covina Park, Recreation Hall

Beginning: January 29

Day & Times: Sunday,
10:30-11:30 am (Ages 5-11);
1:30 am-12:30 pm (ages 12-Adult)

Fee: \$75/10 weeks

KARATE

Study the art of karate from beginning to advanced levels. Optional one time \$30 uniform fee paid to the instructor at first class. Ages 12-Adult.

Instructor: Dan Layne

Location: Recreation Hall, Covina Park

Beginning: January 27

Day & Time: Friday, 7:15-8:45 pm

Fee: \$60/8 weeks

TAI CHI MOVEMENT & RELAXATION

This easy to learn system of relaxed movements provides strength and a workout without physical exhaustion. Improve the mind's focus and regain lost ability of motion. Ages 12-Adult.

Instructor: Dan Layne

Location: Recreation Hall,
Covina Park

Beginning: January 27

Day & Time: Friday, 6-7 pm

Fee: \$45/8 weeks



JU JITSU

Traditional Japanese martial arts combining the different aspects of Judo, Karate, Aikido and Kendo with an emphasis on self-defense. Optional one time \$30-\$50 uniform fee paid to instructor. Belt testing fee is applicable. Ages 5-Adult.

Instructor: Steve Wong

Location: Cougar Park

Beginning: January 25

Days & Times: Wednesday,
5:30- 6:15 pm (Ages 5-7),
5:30-7 pm (Ages 8-Adult)

Fee: \$50/10 weeks (Ages 5-7),
\$60/10 weeks (Ages 8-Adult)

BEGINNING/ADVANCED TAE KWON DO

Class focuses on respect, self-discipline, self-esteem, positive attitude, self-defense and mental and physical awareness. No class March 18.

Instructor: Miguel Parada

Location: Covina Park, Recreation Hall

Beginning: January 26 or 28

(Belt Test -March 18)

Days & Times:

Ages 5-12

Beginning	Thursday	4:15-5 pm
	Saturday	12-12:45 pm
Advanced I	Thursday	5:15-6 pm
	Saturday	1-2 pm
Advanced II	Thursday	6-6:45 pm
	Saturday	2:15-3 pm

Ages 13-Adult

All Levels	Thursday	7-8 pm
	Saturday	3:15-4:15 pm

Fee: \$65/10 weeks - Thurs. or Sat.

\$85/10 weeks - both Thurs. & Sat.
(combo).

Optional one time \$45-\$50 uniform fee paid to the instructor at first class. \$28-\$43 Belt Test fee if applicable.

YOUTH & ADULT MUSIC

PREREGISTRATION is MANDATORY for all private and semi-private music classes.
ALL MATERIAL FEES must be paid to instructor at first class.

PROFESSIONAL PERCUSSION STUDIOS WITH A.R.T.S. INC.

Class has an emphasis on snare drum technique and is a prerequisite to the drum set. Ages 6-17.

Location: A.R.T.S Inc., 973 E. Badillo St., Ste B
Beginning: Session I-January 24;
Session II-February 21
Day & times: Tuesday, 4-5 pm (Level I)
or 5-6 pm (Level II)
Fee: \$50/4 weeks,
plus \$35 one time material fee
(includes sticks and practice pad)

PRIVATE PIANO LESSONS

Students learn elementary to full comprehensive music theory fundamentals, along with proper piano fingering technique. Must have access to a piano or keyboard for practice. Evaluation at first class to determine books. Bring folder, notepad and pen/pencil. Half-hour private lessons. Ages 6-Adult. No class February 20.



Instructor: Jessica Mercado
Location: Hollenbeck Park, Office
Beginning: January 23, 24, 25, 27 or 28
Days & times: Mon., Tues. or Wed. 3:30-5:30 pm,
Friday, 3:30-6 pm, 7-8 pm, or
Sat., 9 am-11:30 am, 12:30-2:30 pm
Fee: \$120/8 weeks, plus \$10 material fee

NEW! MUSIC THEORY TUTORING

This class welcomes band students 6th grade through High school. Students gain a better understanding of the basic fundamentals of music and the building blocks needed to advance to higher levels. Class covers rhythm and timing, scales, chords, arpeggios, reading and writing music, and some vocal humming. Half-hour private lessons. Instrument not required. Ages 11-17.

Instructor: Jeremiah Donovan
Location: Covina Public Library,
Community Room
Beginning: January 24
Days & times: Tuesday, 3:30-4:30 pm
Fee: \$75/8 weeks, plus \$10 material fee



GUITAR CLASSES

Instructor: Jeremiah Donovan
Location: Covina Public Library,
Community Room

Bring guitar. Acoustic and electric guitars welcome.

GUITAR GROUP LEVEL I

Class designed for beginners. Covers chords, rhythm skills, proper technique and song playing. Ages 10-Adult.

Beginning: January 26
Day & Time: Thursday, 5-6 pm
Fee: \$65/8 weeks,
plus \$10 material fee

GUITAR-PRIVATE LESSONS

Half-hour private lessons. Ages 8-Adult.

Beginning: Session I-January 25 or 26;
Session II-February 22 or 23
Days & times: Wednesday, 4 pm,
Thursday, 4 pm or 4:30 pm
Fee: \$60/4 weeks,
plus \$10 material fee

GUITAR LEVEL I (SEMI-PRIVATE)

Beginners will learn chords, rhythm skills, proper technique and song playing. Half-hour lessons. Class size limited to 3. Ages 10-Adult.

Beginning: January 25
Day & Time: Wednesday, 4:30-5 pm
Fee: \$70/8 weeks,
plus \$10 material fee

ADULT DANCE

NEW! MONTHLY COMMUNITY BARN DANCE

Come enjoy a fun and easy combination of line dancing, circle dancing, and square dancing. No experience needed, we use a teach-and-dance system where you learn the steps, then dance the dance. Light snack provided. No partner required. Families are welcome - ages 10-Adult.

Instructors: Bill and Pat Sutman, local caller
Location: Recreation Hall, Covina Park
Dates: January 28, February 25, March 25
Day & Time: Saturday, 7-9:30 pm
Fee: \$8/per person

BEGINNERS SQUARE DANCING

Learn the basic square dance steps in this easy to follow class. You will be dancing beginning the first night. Class also includes one easy level line dance each night. Wear smooth-soled shoes. Ages 16-Adult.

Instructor: Bill Sutman
Location: Recreation Hall, Covina Park
Beginning: January 29
Day & Time: Sun., 5-7 pm (Level II),
7-9 pm (Level I)
Fee: \$60/10 weeks or \$8/per class drop-in
(cash only/exact change please)

NEW! BELLY DANCE SHIMMY

Students will learn the five different proper techniques on how to do shimmies and turns in belly dance.

Instructor: Arlene Mar
Location: Covina Park, Recreation Hall
Beginning: January 25
Day & Time: Wednesday, 7:15-8:15 pm
Fee: \$36/7 weeks



MODERN EGYPTIAN BELLY DANCING

Beginner's class introduces and breaks down articulation at basic belly dance movements, such as figure eights, shimmy, arm and hip isolations. Intermediate/Advanced class includes complex combinations and various shimmy techniques with mini choreography and requires instructor's approval. Ages 16-Adult.

Instructor: Arlene Mar
Location: Recreation Hall, Covina Park
Beginning: January 25 or 26
Days & Times: Wed., 8:15-9:15 pm (Beginners),
Thursday, 8:15-9:15 pm,
(Intermediate/Advanced)
Fee: \$48/8weeks

POLYNESIAN HAWAIIAN DANCE

Sway your hips and do the graceful hand movements of Hawaii and the agility of the poi ball dance. Poi balls can be purchased from instructor. Ages 16-Adult.

Instructor: Gabe Van Leeuwen, "Tavanna"
Location: Recreation Hall, Covina Park
Beginning: January 25
Day & Time: Wednesday, 6:10-7:10 pm
Fee: \$49/7 weeks

COUNTRY LINE DANCING

Learn the latest line dances step by step in a relaxed atmosphere. This class is also a great way to stay in shape. Ages 16-Adult. No class February 20.

Instructor: Pam Wagoner
Location: Cougar Park
Beginning: January 23
Day & Times: Monday, 7-8 pm (Beginners),
8:15-9:15 pm (Intermediate)
Fee: \$40/9 weeks-Beg. or Int.,
\$58/9 weeks-Beg. and Int.

SUNDAY DANCE CLASSES

Partners recommended, but not required. Ages 15-Adult. No class February 19.

Instructor: Cheryl Sevod
Location: Recreation Hall, Covina Park
Beginning: January 29
Fee: \$40/7 weeks

SALSA

Day & Time: Sunday, 3-4 pm

SOCIAL BALLROOM

Includes an introduction to Foxtrot, Waltz, Rumba, Tango and Cha-Cha and now Swing!

Day & Time: Sunday, 2-3 pm

ADULT FITNESS/ATHLETICS

CROSSFIT BOOTCAMP

This class, which uses the methodology of Crossfit, is designed for anyone utilizing basic functional movements in order to improve quality of life. All equipment is provided. Wear athletic clothing and active shoes. Ages 15-Adult. Pre-registration required.

Instructor: Shield Crossfit Staff

Location: Shield Crossfit, 1028 E. Cypress St.

Beginning: January 24 or 28

Days & Times: Tuesday, 10:30-11:30 am or 7-8 pm and/or Saturday, 10-11 am

Fee: \$40/8 weeks, Tuesday or Saturday, \$80/8 weeks, Tues. and Sat. (combo)

FALL-PROOF BALANCE & MOBILITY

This is a great way to get moving again if you have simply been inactive or would like to begin to improve your health and sense of vitality. After careful review, an individual balance and mobility routine will be implemented. Ages 18 & up.

Instructor: Dan Layne

Location: Cougar Park

Beginning: January 28

Day & Time: Saturday, 11 am-12 pm

Fee: \$55/8 weeks

MAT PILATES

Strengthen your core with a group Mat Pilates class. Increase your flexibility and develop core strength. All levels welcome. Bring light hand weights, bands and workout mat. Ages 18 & up.

Instructor: Carol Cugno

Location: Covina Park, Recreation Hall

Beginning: February 6 or 10

Days & Time: Monday and/or Friday, 6:15-7:15 am

Fee: \$54/8 weeks, Monday or Friday, \$84/8 weeks, Mon.& Friday (combo)



CAL'S BOOTCAMP

Class combines strength and agility training with a good dose of aerobics. This workout is sure to make you sweat, build muscle and burn calories while decreasing body fat. "Let's Work!" Please bring a workout towel and positive energy. Ages 15-Adult.

Instructor: Cal Barber

Location: Covina Park, Recreation Hall

Beginning: January 24

Day & Time: Tuesday, 8:30-9:30 pm

Fee: \$64/8 weeks

YOGA

This Yoga class develops strength and flexibility and releases stress. Bring a mat or towel. Ages 18 & up. No class February 20.

Instructor: Chris Maletz

Location: Monday-Cougar Park or

Tuesday-Recreation Hall

Wednesday-Covina Public Library

Beginning: January 23, 24 or 25

Days & Times: Mon., 5:45-6:45 pm or

Tues., 4:45-5:45 pm or

Wed., 9:30-10:30 am

Fee: \$63/9 weeks (Mon.),

\$70/10 weeks (Tues. or Wed.)

NEW! PRENATAL YOGA

A gentle yoga class offered to the community to help empower moms and moms to be. Bring yoga mat and block, water bottle and towel. Ages 18 & up. No class February 20.

Instructor: Gigi Frack, E-RYT-RPYT

Location: Cougar Park

Beginning: January 23 or 25

Day & Time: Mon. and/or Wed., 8:30-9:30 am

Fee: \$45/8 weeks, Mon. & Wed.

\$35/8 weeks, Mon. or Wed.

SPINNING CLASS

Try an indoor cycling training class uniquely tailored to suit a wide range of abilities and fitness goals. Each spinning class delivers an incredible calorie burn. Preregistration required. First time students arrive 10 minutes early to check in. No class December 24, 25, 31 and January 1.

Ages 18 & up.

Instructor: Spin 360 Staff

Location: Spin 360, 757 E Arrow Hwy #J, Glendora

Beginning: Ongoing

Days & Times: Mon./Wed./Friday, 5:30 am, 7:30 am, 9:30 am, 4:30 pm, 6 pm (M/W only), Tuesday/Thursday, 8:30 am, 4:30 pm, 6 pm; Saturday/Sunday, 8:30 am

Fee: \$65/per month unlimited spinning

TENNIS CLASSES

Instructor: A.J. Seresinghe, USPTR
Certified Instructor

Location: Covina Park, Tennis Courts,
Fourth Ave. & Badillo

Bring tennis racquet. Ages 18 & up.

PRIVATE TENNIS LESSONS

Day & Time: To be arranged

Fee: \$35/hour (Individual);
\$45/hour (Group of 4)

TEAM TENNIS FOR ADULTS

Learn skills and strategies for competition and compete throughout class as singles or doubles. Participants may form teams to prepare for competition in the USTA Leagues.

Beginning: January 25

Day & Time: Wednesday, 8:30-10 pm

Fee: \$56/8 weeks

TENNIS FOR BEGINNERS

Beginning: January 24

Day & Time: Tuesday, 8:30-9:30 pm

Fee: \$56/8 weeks

INTERMEDIATE TENNIS

Good for fine tuning and correcting strokes and taking the next step in improving game skills. Learn overhead smash, lob, top spin, game strategy and much more.

Beginning: January 25

Day & Time: Wednesday, 7:30-8:30

Fee: \$56/8 weeks



ADULT SPECIAL INTEREST WORKSHOPS AND CLASSES

ALL MATERIAL FEES must be paid to instructor at class.

CAKE DECORATING

Have fun and build confidence in our cake decorating class. Learn how easy cake decorating can be. Go home with a decorated cake with different themes each week!

Additional supplies needed at first class (list provided upon registration.) Must bring baked cake or styrofoam cake to each class. Ages 18 & up.



Instructor: Mayra Mendoza
Location: McIntyre Square, 244 S. Citrus St.
Beginning: January 28
Day & Time: Saturday, 11 am-1 pm
Fee: \$80/8 weeks

ART CLASSES WITH A.R.T.S. INC.

Location: A.R.T.S Inc., 973 E. Badillo St., Ste B
Preregistration is MANDATORY.

EXPLORING ART TECHNIQUES

Learn to draw with pen, ink, charcoal, watercolor and acrylic. Ages 18 & up.

Beginning: Session I-January 26;
Session II-February 23

Day & Time: Thursday, 6-8 pm

Fee: \$50/4 weeks, plus \$35 material fee

MASTER ARTIST CLASS

Class consists of lecture, life drawing and painting with Master Artist Bernard Stanley Hoyes. Ages 12-Adult.

Beginning: Session I-January 24;
Session II-February 21

Day & Time: Tuesday, 4-6 pm

Fee: \$50/4 weeks,
plus \$25 material fee



DO-IT-YOURSELF HOME PAINTING

Class is taught by a professional commercial painter that wants to show you the tricks of the trade and save you some money in the process. Ages 18 & up.

Instructor: Raul Nessi
Location: Hollenbeck Park, Conference Room
Beginning: February 11
Day & Time: Saturday, 9-11 am
Fee: \$30/1 day

BECOME A CALIFORNIA NOTARY PUBLIC

State-approved class satisfies the mandatory education requirements needed prior to appointment or reappointment. Includes passport quality picture and CD with notary certificates. Must bring valid ID (current Driver License, California ID Card or U.S. Passport). Classroom portion only. Testing and application process not included. Preregistration mandatory. Ages 18 & up.

Instructor: Judy Kelly
Location: Hollenbeck Park, Conference Room
Beginning: February 18
Day & Time: Saturday, 8:30 am-5 pm
Fee: \$90/1 day, plus \$30 material fee

INTRODUCTION TO COMPUTERS AND INTERNET WITH E-MAIL

This class will help develop a fundamental understanding of how computers work and introduce the World Wide Web to you. Join us to surf online, work with the search engines



to gain access to a wealth of information and set up a free email account for communication with family and friends. Bring Covina Library card. Ages 10-Adult.

Instructor: AGI Academy
Location: Covina Public Library, 234 N. Second Ave.
Beginning: January 24
Day & Time: Tuesday, 7-7:45 pm
Fee: \$80/7 weeks, plus \$10 lab/supply fee



DOG TRAINING WITH K9 BAR ACADEMY

Training begins at first class meeting held WITH DOGS. Bring preventative vaccination sheet or current vaccination records.

Instructor: Anthony Gio Giammarco, CTBS, K9 BAR Academy
Location: Covina Park, Hockey Rink
Beginning: February 2 or 4

BASIC DOG OBEDIENCE

For dogs 12 weeks and older. Covers basic obedience commands like, informal heeling, come, sit and a "release" command and more! Tips on managing unwanted behaviors such as destructive chewing, hole-digging, housebreaking problems, etc. Handlers ages 12-Adult.

Days & Times: Thursday 6:30-7:30 pm or Saturday 10-11 am
Fee: \$70/5 weeks, \$15 material/equipment fee

PRIVATE DOG OBEDIENCE TRAINING

An individual training plan will be designed. Half-hour private lesson. Handlers ages 16-Adult.

Days & Times: Thursday, 5 pm, 5:30 pm or 6 pm
Fee: \$95/5 weeks, \$15 material/equipment fee



CPR COURSES WITH CRAIG'S CPR & FIRST AID TRAINING

Courses are certified through American Heart Association and are state-approved, video-based, instructor-led courses.

PAWS 4 SAFETY-PET CPR

This training session is geared for pet owners, dog walkers and trainers, and veterinary office, pet store and animal shelter workers. Simple healthcare and safety information, primarily for dogs and cats, is included, along with information on animal behavior. Learn care and safety for pets and hands on CPR, choking and First Aid. Class held without pets. Ages 7-Adult.

Location: Hollenbeck Park,
Conference Room

Date: February 25

Day & Time: Saturday, 9 am-12 pm

Fee: \$30/1 day, plus \$20 material fee

CPR, AED AND FIRST AID TRAINING

This is a 2-year certification and requires attendance at both classes. Ages 12-Adult.

Location: Covina Park, Teen Center

Dates: January 25 or March 1
(CPR/AED)

February 1 or March 8 (FA)

Day & Time: Wednesday, 6-9 pm

Fee: \$50/2 weeks,
plus \$20 material fee

BASIC LIFE SUPPORT (BLS) FOR HEALTHCARE PROVIDER

Classroom Course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. Ages 18 & up.

Location: Covina Park, Teen Center

Date: February 15 or March 22

Day & Time: Wednesday, 6-9 pm

Fee: \$50/1 day, plus \$15
material fee

PEDIATRIC CPR, AED & FIRST AID

This Emergency Medical Services Authority program offers training for infant, child and adult in CPR, AED, and both general and pediatric first aid. 2-year certification. Ages 12-Adult.

Location: Hollenbeck Park,
Conference Room

Date: March 4

Day & Time: Saturday, 9 am-3:30 pm

Fee: \$60/1 day, plus \$20
material fee