Parks & Recreation Department 1250 N. Hollenbeck Avenue
Covina, CA 91722

Tel: (626) 384-5340 Fax: (626) 384-5346 parksandrecreation@covinaca.gov
Main Office public service hours:
Monday-Thursday and alternate Fridays, 10 am-5:45 pm **Open Fridays**: March 7 and 21 April 4 and 18
May 2, 16 and 30

Holidays:

Office will be closed on Monday, May 26 in observance of Memorial Day.

Follow us on **FACEBOOK !** E-mail Parks & Recreation Staff

Parks Make Life Better!℠

COVINA PARKS & RECREATION DEPARTMENT

"The right of a child to play, sing, and dance; the right of youth to sport for sport's sake; the right of men and women to use leisure in the pursuit of happiness in their own way are basic to our American heritage." - Harry S. Truman

The Covina Parks & Recreation Department provides a wide variety of classes (fitness, special interest, educational) for people of all ages. In addition, the department offers a wonderful youth sports program for children ages 3-11. Trips with exciting destinations for families, older adults, and teens are also part of the department's goal of enriching the lives of those who live in the community.

GET HEALTHY, GET HAPPY, LIVE LONGER….. Covina Parks & Recreation Department has added health promotion to our long list of community responsibilities. It used to be that walking in the park was considered just a leisure pastime. But now, we live in a world where there is great concern about adult and childhood obesity. With recent media reports highlighting the danger of an inactive lifestyle, the need for Parks & Recreation Departments becomes more and more vital to a community. A recent study from the U.S. Center for Disease Control and Prevention found that increasing physical activity in the inactive U.S. population could reduce annual medical costs by nearly $80 billion dollars. This figure makes sense when you consider that a basic exercise regimen contributes to overall health by improving or preventing coronary conditions, diabetes, cancer, mental illnesses, and maintaining the health of bones, muscles, and joints.

The Covina Parks & Recreation Department's mission is to provide a multitude of recreational opportunities to have the public use their energies, while enriching their lives and improving their health and sense of well-being. The Covina Park System consists of nine parks ranging from less than 1 acre up to 17 acres.

The park system includes baseball parks, softball fields, aquatic facility, basketball courts, play equipment, picnic areas, and community center. Covina's beautiful green lawns and nature trails are being viewed now as settings for maintaining healthy and active lifestyles. Through the programs and services that are offered by the Parks & Recreation Department, the public has an opportunity to "get healthy, get happy, and live longer."

Special types of active or passive recreational opportunities exist at the following locations:

- Nature Trails – Kahler Russell Park and Jobe's Glen at Jalapa Park
- Xeriscape Gardens – Covina Park, Kahler Russell Park, and Edna Park
- Sister City Xalapa and World War II Memorial Monuments – Jobe's Glen at Jalapa Park
- Wall of Honor and Historical Murals – Covina Park
- Compost Demonstration Area – Kahler Russell Park
- Jogging/Walking Track at Covina Park
- Aquatic Facility (Swim lessons, lap swim, and aqua aerobics)
- Older Adult Exercise Programs – Joslyn Center at Kelby Park
- Adult Softball Program – Savoy Field and Heyler Field
- Tennis Courts – Kahler Russell Park and Covina Park
- Horseshoe Pit – Covina Park
- Playgrounds – Covina Park, Edna Park, Hollenbeck Park, Jobe's Glen at Jalapa Park, Kahler Russell Park,Â Kelby Park, and Heritage Plaza
- Paddle Ball Court – Kahler Russell Park